

**ABSTRACT**

A portable carrying case for personal care absorbent articles, particularly feminine hygiene care products, includes a body defining an internal enclosure for receipt of a plurality of the stacked personal care absorbent articles. An opening is defined in the body at a location so as to expose an upper one of the absorbent articles for dispensing without generally exposing underlying absorbent articles. A lid is movably disposed relative to body from a closed position to an open position wherein access is provided to the absorbent articles through the opening. A manual push structure is defined in the body generally opposite from the opening. The push structure allows a user to push on the bottommost one of the stacked absorbent articles so as to move the uppermost one of the stack of articles towards the opening for grasping and retrieval by the user. A biasing element may bias the articles towards the push structure.